What is claimed is:

- A child-birthing device to aid a pregnant person during the labor process, said child-birthing device comprising a connecting line, an anchoring unit, and a mother's handhold unit; said connecting line further comprising an anchoring end integrally attached to said anchoring unit and a mother's end integrally connected to said mother's handhold unit; wherein said anchoring end is capable of being attached to a source of resistance.
- 2. The invention of claim 1, wherein said child-birthing device further comprises a braking mechanism that prevents a sudden release of tension in said connecting line in the event that said pregnant person lets go of said mother's handhold unit.
- 3. The invention of claim 2, wherein said braking mechanism is one or more wrist loops that can be slid around said pregnant persons wrists.
- 4. The invention of claim 1, wherein said anchoring unit is selected from a group consisting of a loop, a clip, a screw, snap, tie-down, hook, or a carabiner.
- 5. The invention of claim 4, wherein said anchoring end is a loop.
- 6. The invention of claim 1 wherein said source of resistance provides resistance to the pulling of said pregnant person.
- 7. The invention of claim 6, wherein said source of resistance further comprises a system of weights or counterbalances.
- 8. The invention of claim 6, wherein said source of resistance further comprises a spring.

- 9. The invention of claim 6, wherein said source of resistance further comprises a hydraulic cylinder.
- 10. The invention of claim 6, wherein said source of resistance is a person.
- 11. The invention of claim 1, wherein said handhold unit is selected from a group consisting of a braided knob, a knot, handlebars, molded rubber handgrips, molded plastic handgrips, beads, or balls.
- 12. The invention of claim 11, wherein said handhold unit is a braided knob.
- 13. The invention of claim 1, wherein said connecting line is selected from a group consisting of rope, bungee cord, cable, or chain.
- 14. The invention of claim 13, wherein said connecting line is rope.
- 15. The invention of claim 14, wherein said rope is made from either natural fibers or synthetic fibers.
- 16. The invention of claim 15, wherein said natural fibers are selected from the group consisting of cotton, jute, flax, hemp, abaca, sisal, or henequen
- 17. The invention of claim 16wherein said synthetic fibers are selected from a group consisting of including nylons, polyesters, polyolefins or liquid crystal polymers.
- 18. The invention of claim 17 wherein said polyolefins are polyethylenes or polypropylenes.
- 19. The invention of claim 17, wherein said liquid crystal polymer is Vectran©.

20. A child-birthing device for use during the labor process, said child-birthing device comprising a first loop, a connecting rope having a first and second end, a braided knob handhold, and two wrist loops; said connecting rope being integrally connected to said first loop at said first end, and said connecting rope being integrally connected to said braided knob handhold at said second end, said braided knob handhold being further connected to said two wrist loops by way of rope V-arms.